

## **ALIREZA MOFID**

**Current Rank/Department: Assistant Professor / INTERNAL DISEASES**

*Tehran University of Medical Sciences*

### **Contact Information:**

**Academic Rank:** Assistant Professor

**Department:** Internal Diseases – Endocrinology

**Address:** Imam Khomeini Ave., Hasan Abad Sq., Sina Hospital

Tehran – Iran

**Tel:**

**Tel (Office):**

**Fax:**

**E-mail:** [mofid@sina.tums.ac.ir](mailto:mofid@sina.tums.ac.ir)

### **Education:**

**1984 – 1989**

**Course of Specialty in “Endocrinology”**

*Tehran University of Medical Sciences*

*Tehran – Iran*

**1974 – 1981**

**General Medicine (MD)**

*Tabriz (Azadegan) University of Medical Sciences*

*Tabriz – Iran*

## Highlighted Educational/Occupational Qualifications:

- **Running the endocrinology clinic of Sina University Hospital, September 1991**

## Professional Society Membership:

- 2001 – Present**      The Iranian Society of Endocrinology  
**1981 – Present**      The Iranian Medical Organization

## Work Experience:

### Executive Activities

- **August 2006 – Present:** *Program Manager of the Affairs of Interns in Internal Diseases Ward, Sina University Hospital*
- **September 2000 – Present:** *Interns Affairs Liable, Sina University Hospital*
- **October 1993 – Present:** *Sina Hospital Reliable physician, Sina University Hospital*
- **September 2003 – March 2006:** *Member of the filing evaluation Committee, Sina University Hospital*
- **September 2003 – March 2004:** *Member of the Students Committee, Sina University Hospital*
- **December 1997 – May 2001:** *Member of the patients files' Evaluation & Supervision Committee, Sina University Hospital*
- **1996 – 1997:** *Member of the Promotion Examining Board of Internal Diseases Department, Sina University Hospital*
- **1999 – 19999:** *Secretary of the 8<sup>th</sup> Re-education Seminar & Educational Workshops of Internal Diseases in Tehran University of Medical Sciences, Imam Khomeini University Hospital*

## **Editorial Positions**

- Consultant in some articles of “Medical Faculty Journal” (since 1993)

## **Clinical Activities**

### **September 1991 – Present**

**Endocrinologist**

*Sina Hospital, Tehran University of Medical Sciences*

Tehran – Iran

### **July 1989 – July 1991**

**Endocrinologist**

*Shahrekord University of Medical Sciences*

Shahrekord – Iran

### **1984 – 1989**

**Resident of “Internal Diseases – Endocrinology”**

*Tehran University of Medical Sciences*

Tehran – Iran

### **1982 – 1984**

**General Practitioner – Hospital Head (*Commitment Period*)**

*Shabestar Hospital*

Shabestar – Iran

### **1981 – 1982**

**General Practitioner (*Military Service*)**

*The Iranian Army*  
Azerbaijan / Gilan – Iran

## **Teaching Service**

### **SEPTEMBER 1991 – PRESENT**

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

*Assistant Professor*

Tehran – Iran

### **JULY 1989 – JULY 1991**

SHAHREKORD UNIVERSITY OF MEDICAL SCIENCES

*Assistant Professor*

Shahrekord – Iran

## Thesis:

1. Mahdavi Firouzabadi M. *Evaluating the relationship between thyroid performance disorders and its auto-antibodies and smoking and other factors affecting thyroid auto-antibodies in men referred to the endocrinology clinic of Sina University Hospital*. Specialty Course of “Internal Diseases”, 2007 (Consultant)
2. Saiedi M. *Evaluating the prevalence of reproduction disorders and sexual infertility of men with hyperthyroidism referred to Sina University Hospital in 2005*. General Medicine, 2007 (Consultant)
3. Sodaie M. *Evaluating the results of FNA thyroid nodules in comparison to pathology reports of patients referred to the endocrinology clinic of Sina University Hospital (1991 – 2005)*. General Medicine, 2005 (Advisor)
4. Doulabi, H. *The prevalence of lower limb amputation in patients hospitalized in Endocrinology and other wards of Imam Khomeini Hospital Complex for diabetic foot (1996 - 2001)*. General Medicine, February 2004 (Advisor)

5. Amiri Feli S. *Evaluating the results of Fine Needle Aspirations in diagnosing malignancy in 840 patients with cold thyroid nodule referred to the private clinic (1991 – 1999)*. General Medicine, 2000 (Advisor)
6. Khosravi J. & Yarizadeh H. *Evaluating the causes of Hirsutism and evaluating it in 100 females referred to Sina Hospital (1996 – 1997)*. 1997 (Advisor)
7. Keshvari M. & Shah Hosseini S. *Reviewing Fine Needle Aspiration method in diagnosing malignancy in 200 patients of Sina Hospital (1991 – 1996) compared to the global statistics*. General Medicine, 1997 (Advisor)
8. Rahimkhani M. *Evaluating blood calcium changes in hyperthyroid patients and choosing an appropriate method for measuring it*. PhD Course of “Clinical Laboratory Technology”, 1996 (Advisor)
9. Haratipour A. *Evaluating the causes of Hirsutism in patients referred to the endocrinology clinic of Sina Hospital*. Specialty Course of “Internal Diseases”, 1993 (Advisor)
10. Karimi, R. *Evaluating the role of FNA in thyroid diseases*. Specialty Course of “Internal Diseases”, 1993 (Advisor)

## Research Interests:

- Obesity
- Hirsutism
- Thyroid Nodule

## Research Projects:

### Ongoing

- N/A

### Completed

- N/A

## Publications:

### • **Articles**

1. Mojtahedzadeh M, Mohammad R, Rouini R, Kajbaf F, Najafi A, Ansari GH, Gholipour A, **Mofid A**, Abdollahi M. *Review article: HirsuThe advantage of adjunct metformin and insulin therapy in the management of glycemia in critically ill patients: Evidence for the non-occurrence of lactic acidosis and needing parenteral metformin.* International Journal of Clinical Practice. 2005 (2, 4). April 2008
2. **Mofid A**, Seyed Alinaghi SA, Zandieh S, Yazdani T. *Review article: Hirsutism.* International Journal of Clinical Practice. 62 (3). March 2008
3. **Mofid A**, Yazdani T, Doulaie H, Seyed Alinaghi SA, Zandieh S. *The prevalence of lower limb amputation in patients hospitalized for diabetic foot: A 5-year study.* School of Medicine Journal. 65 (11). February 2008
4. **Mofid A**, Zandieh S, Seyed Alinaghi SA, Yazdani T. *The prevalence of erectile disorders in Tehran diabetic patients.* Teb-e-Jonoub Seasonal Journal. 10 (1). September 2007
5. Motamedi M, **Mofid A**, Mojdeh M. *Evaluating neuro-psychological complications of 500 patients with hyperthyroidism.* School of Medicine Journal. 56 (4). 1998

### • **Abstract in National/International Meetings**

1. **January 2008:** *The role of needle biopsy in following up thyroid nodules*, The Cross-country Thyroid & Parathyroid Surgery Congress, Tehran – Iran
2. **October 2007:** *The role of needle biopsy in following up thyroid nodules*, The 1<sup>st</sup> Seminar on Endocrine & Metabolism Latest Issues, Isfahan – Iran
3. **May 2007:** *Evaluating the prevalence of hypertension and hyperlipidemia in 200 patients with diabetes type B and their response to treatment*, The 18<sup>th</sup> Annual Congress of the Iranian Internal Diseases Specialists, Tehran – Iran
4. **September 2001:** *The report of two thyroid metastasis tumor cases*, The 6<sup>th</sup> International Endocrine Congress, Tehran – Iran (Poster)

5. **March 2000:** *The newest methods of diagnoses and treatment of thyroid malignant tumors*, The 11<sup>th</sup> Annual Congress of the Cancer Institute on Endocrine Tumors, Tehran – Iran (Panel)
6. **June 1998:** *Evaluating neuro-psychological complications of 500 patients with hyperthyroidism*, The 5<sup>th</sup> International Congress on Neurological Disease & Clinical Electrophysiology, Tehran – Iran
7. **November 2001:** *Effect of renal transplantation on sperm quality and sex hormones level*, Kidney Transplant Congress, Ankara – Turkey

#### • **Books**

1. **Mofid A**, Seyed Alinaghi SA, Zandieh S, Mofid R. *Diabetes: A Comprehensive Guide for Diagnosis, Refinement and Treatment*. Osaneh Publications, 2007
2. **Mofid A**, Seyed Alinaghi SA, Zandieh S. *Hirsutism, its reasons and treatment principles*. Osaneh Publications, 2007
3. **Mofid A**, Seyed Alinaghi SA, Zandieh S, Yazdani T, Mofid R. *Thyroid and its diseases*. Osaneh Publications, 2007
4. **Mofid A**, Mortazavi MH, Dolatshahi SH, Talebpour M, Imani F. *Obesity, its causes, types, complications and treatment*. Osaneh Publications, 2006

## Grants:

#### **Completed Grants**

- N/A

#### **Pending Grants**

- N/A

## Awards:

N/A

## Competencies:

- **Language**

- Moderate in English

- **Computer**

- Microsoft Office
- SPSS