

AHMAD SALIMZADEH

Current Rank/Department: Associate Professor/Internal Medicine Diseases
Tehran University of Medical Sciences

Contact Information:

Academic Rank: Associate Professor

Department: Internal Medicine Diseases (Rheumatology)

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Tehran – Iran

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Education:

1999 – 2001

Course of Sub-specialty in “Rheumatology”

Iran University of Medical Sciences

Tehran – Iran

1991 – 1994

Course of Specialty in “Internal Diseases”

Tehran University of Medical Sciences

Tehran – Iran

1983 – 1991

General Medicine (MD)

Tehran University of Medical Sciences

Tehran – Iran

Highlighted Educational/Occupational Qualifications:

- Order, maintain and run a spinal morphometry unit (for the first time in Iran)
- Provide and publish the databank of spinal and femur bone density data of normal people in Iran (for the first time)
- Provide and publish the databank of spinal morphometric data of normal people in Iran (for the first time)

Professional Society Membership:

2002- Present	APLAR (Asian Pacific League of Association for Rheumatology)
2001- Present	Rheumatology Research Center
1990- Present	Iranian Medical Council Organization

Work Experience:

Executive Activities

- **April 2009 – Present:** *Director of internal medicine clerkship phase, reevaluating general medicine, Medical School, Tehran University of Medical Sciences*
- **July 2009 – Present:** *Director of internal medicine clerkship course, Sina Hospital, Tehran University of Medical Sciences*
- **November 2008 – Present:** *Official member of reevaluating general medicine graduates and head of clerkship phase, Tehran University of Medical Sciences*
- **June 2006 – Present:** *Expert of the Disciplinary Boards, Iranian Medical Council Organization*
- **December 2005 – Present:** *Member of Research Committee, Sina Hospital, Tehran University of Medical Sciences*
- **December 2005 – Present:** *Member of Students Committee, Sina Hospital, Tehran University of Medical Sciences*
- **December 2003 – Present:** *Member of Residents Committee, Sina Hospital, Tehran University of Medical Sciences*
- **October 2001 – Present:** *Director of the Specialized Clinic, Sina Hospital, Tehran University of Medical Sciences*

- **October 2001 – 2010:** *Member of the Supervisory Board, Sina Hospital, Tehran University of Medical Sciences*
- **September 2001 – 2010:** *Member of Drug & Treatment Committee, Sina Hospital, Tehran University of Medical Sciences*
- **June 2000 – Present:** *Technical expert and head of the Densitometry Department, Sina Hospital, Tehran University of Medical Sciences*
- **June 2006:** *Guest specialist, Council for Evaluating & Devising Iranian Drugs. Health Ministry*
- **April 2006:** *Member of Promotion Examining Board of Internal Diseases Department, Tehran University of Medical Sciences (1 course)*
- **July 1998 – July 2000:** *Member of the Interns' Examining Board, Tehran University of Medical Sciences*
- **June 1998 – July 1999:** *Head of the Internal Diseases Department, Sina Hospital, Tehran University of Medical Sciences*
- **October 1997 – September 1999 :** *Director of the Specialized Clinic, Sina Hospital, Tehran University of Medical Sciences*
- **May 1997 – July 1999:** *In charge of training interns, Sina Hospital, Tehran University of Medical Sciences*
- **May 1995 – July 1996:** *Head of Community-oriented medical education, Kurdistan University of Medical Sciences*
- **May 1995 – July 1996:** *Education deputy, Touhid Hospital, Kurdistan University of Medical Sciences*

Editorial Positions

- Referee of some medical journals:
 - *Daru*
 - *Iranian Journal of Radiologists*
 - *Medical School Journal of Tehran University of Medical Sciences*
 - *Journal of Iranian Medical Academy*
 - *Shahid Sadoughi University (Yazd) journal*
 - *Iranian Journal of Rheumatology*

Clinical Activities

1996 – PRESENT

SINA UNIVERSITY HOSPITAL

Rheumatologist

Tehran – Iran

2001 – 2002

MILAD HOSPITAL

Rheumatologist

Tehran – Iran

1999 – 2001

HAZRAT RASOUL AKRAM UNIVERSITY HOSPITAL

Internal Diseases Specialist, Rheumatology Subspecialty Course

Tehran – Iran

1999 – 2000

BAQIATALLAH HOSPITAL

Internal Diseases Specialist

Tehran – Iran

1997 – 2004

IMAM KHOMEINI HOSPITAL

Internal Diseases Specialist/Rheumatologist

Karaj – Iran

1994 – 1996

KURDISTAN UNIVERSITY OF MEDICAL SCIENCES

Internal Diseases Specialist

Tehran – Iran

1992 – 1998

HAJJ & DONATIONS ORGANIZATION

General Practitioner/Internal Diseases Specialist

Mecca – Saudi Arabia

1991, 1998

TEHRAN UNIVERSITY – AGRICULTURAL FACULTY CLINIC

General Practitioner/Internal Diseases Specialist

Karaj – Iran

1989 – 1994

SHAHID MADANI HOSPITAL

General Practitioner/Internal Diseases Specialist

Karaj – Iran

Teaching Service

2007 – PRESENT

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

Associate Professor – Internal Diseases Medicine (Rheumatology)

Tehran – Iran

1996 – 2007

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

Assistant Professor – Internal Diseases Medicine (Rheumatology)

Tehran – Iran

1994 – 1996

KURDISTAN UNIVERSITY OF MEDICAL SCIENCES

Assistant Professor – Internal Diseases Medicine

Sanandaj – Iran

1981 – 1983

IRANIAN EDUCATION MINISTRY

Teacher – Hekmat Primary School

Karaj – Iran

Thesis:

1. Ghoorchian A. *Survey on oral ingestion of Nigella sativa L. in relieving clinical signs & symptoms of knee osteoarthritis: a randomized double-blinded placebo-controlled clinical trial*. PhD Course. Faculty of Conventional Medicine, Shahid Beheshti University of Medical Sciences. Tehran (Advisor) in progress
2. Dehghani S. *Effects of garlic supplementation on serum levels of resistin, tumor necrosis factor - α in post menopause overweight and obese women with knee*

- osteoarthritis*. Master of sciences, Faculty of nutrition. Tehran University of Medical Sciences. (Advisor)
3. Tani E, *Lower extremity joints and spine selected biomechanical factors in knee osteoarthritis of active women*. Master of sciences, Faculty of Physical Education and Sport Sciences, Azad University of Karaj. (Advisor)
 4. Sedaghat Talab M. *Relationship between bone density and abdominal visceral fat in premenopausal overweight and obese Iranian women 30 – 50 years old. Specialty Course of Internal Medicine Diseases*. Specialty Course of Internal Medicine Diseases. (Advisor)
 5. Gangi B. *The effect of strengthening of hip abductor and external rotator muscles on female with anterior knee pain syndrome*. PhD Course. Faculty of Physical Education and Sport Sciences, University of Tehran (Advisor)
 6. Yousefshahi H. *Evaluating awareness and performance of nurses on osteoporosis in Shariati and Sina Hospitals*. Specialty Course of Internal Medicine Diseases, 2006 (Advisor)
 7. Dehghan A, *Evaluating the effect of Sindar on pain reduction in patients with knee osteoarthritis*. Specialty Course of Internal Medicine Diseases, 2005 (Advisor)
 8. Tamimi B, *Evaluating spinal column fracture in post-menopausal women using morphometry method*. Specialty Course of Internal Medicine Diseases, 2004 (Advisor)

Research Interests:

- Osteoporosis
- Large Vessel Vasculitis
- Osteoarthritis

Research Projects:

Ongoing

- Survey on oral ingestion of *Nigella sativa* L. in relieving clinical signs & symptoms of knee osteoarthritis: a randomized double-blinded placebo-controlled clinical trial.
- The relation between increase in vertebral bone mineral density and height loss in osteoporotic women.
- How does work anti malaria on eye in different rheumatic disease?

Completed

- Effects of garlic supplementation on serum levels of resistin, tumor necrosis factor - α in post menopause overweight and obese women with knee osteoarthritis.
- Relationship between bone density and abdominal visceral fat in premenopausal overweight and obese Iranian women 30 – 50 years old. .
- The effect of strengthening of hip abductor and external rotator muscles on female with anterior knee pain syndrome
- The effect of ginger on pain reduction in patients with knee osteoarthritis
- Short 2nd and 3rd metacarpus length predispose to SLE
- Analysis of gene-gene interaction between rs2476601 SNP of PTPN22 gene and rs10818488 of TRAF1 gene in causing risk for Rheumatoid Arthritis
- Prevalence of amyloid deposition in long standing rheumatoid arthritis in Iranian patients by abdominal subcutaneous fat biopsy and assessment of clinical and laboratory characteristics
- Comparison of bone mineral density measured by dual x-ray, axial dual-energy photon x-ray absorptiometry and laser absorptiometry of calcaneus
- Bone mass density in the normal population of Iran

Publications:

• Articles

✓ English

1. Ahmadi S, Akhiani M, **Salimzadeh A**, Keramatipour M. *Lack of Association between Single Nucleotide Polymorphism rs10818488 in TRAF1/C5 Region and Rheumatoid Arthritis in Iranian Population*. Iranian Journal of Allergy, Asthma & Immunology. 13(1):19-25, 2014
2. Ataee RA, Mohoseni-Moghadam Z, **Salimzadeh A**, Latifi AM, Ataee MH, Alishiri GH *Enzyme-linked immunosorbent assay for detection of staphylococcal enterotoxins in synovial fluid of rheumatoid arthritis patients*. Journal of Pure & Applied Microbiology, 1113-1119, 7, 2013
3. Dehghani S, Hosseinzadeh-Attar MJ, Hosseini M, **Salimzadeh A**. *Decrease of fasting blood sugar via garlic supplementation in postmenopausal obese women with*

- osteoarthritis*. International Research Journal of Applied and Basic Sciences, Vol. 5 (4): 487-490, 2013
4. Owlia MB, **Salimzadeh A**, Alishiri, G, Kargar S. *Ischemic Toes after Venous Thromboembolism: A Difficult Differential Diagnosis with Good Response to Combination Therapy—A Case Report*. Case reports in Medicine, 2012
 5. Bayat N, Alishiri GH, **Salimzadeh A**, Izadi M, Kazemi Saleh D, Moghani Lankarani M, Assari Sh. *Symptoms of anxiety and depression: A comparison among patients with different chronic conditions*. J Res Med Sci. 16(11): 1441–1447, November 2011
 6. Alishiri GH, Bayat N, **Salimzadeh A**, Salari A, Hosseini SM, Rahimzadeh Sh, Assari Sh. *Health-related quality of life and disease activity in rheumatoid arthritis*. J Res Med Sci. 16(7): 897–903, July 2011
 7. Owlia MB, Mehrpoor G, Halvani A, **Salimzadeh A**. *Serum Protein Electrophoresis (SPEP) As a Marker of Inflammation*. Iranian Journal of Rheumatology.1(1): Online, 2011
 8. Ali Shiri GH, Amini M, Bayat N, **Salimzadeh A**, Ahmadzad M, Ghorbani Gh. A *Prevalence of helicobacter pylori antibody in healthy people and patients with rheumatoid arthritis*. Kowsar Medical Journal, 15(1):35-31, Spring 2010
 9. Moghadasi Jahromi M, **Salimzadeh A**, Yousef Shahi H. *Shariati & Sina Hospital Nurses' Knowledge About Osteoporosis*. Journal of Medical Council of I.R.I., 28(3):261-257, 2010
 10. Aryaeian N, Shahram F, Djalali M, Eshragian MR, Djazayeri A, Sarrafnejad A, **Salimzadeh A**, Naderi N, Maryam Ch. *Effect of conjugated linoleic acids, vitamin E and their combination on the clinical outcome of Iranian adults with active rheumatoid arthritis*. International Journal of Rheumatic Diseases. 12: 20–28, 2009
 11. Ghaninejad H, Moeineddin F, Rajae A, Asgari M, **Salimzadeh A**. *Hereditary leiomyomatosis and renal cell carcinoma syndrome: a case report*. Dermatol Online J. 14(1):16, 2008
 12. Owlia MB, **Salimzadeh A**, Alishiri GH, Haghighi A. *Comparison of two doses of corticosteroid in epidural steroid injection for lumbar radicular pain*. Singapore Medical Journal, 48:241-5, 2007

13. Salimi J, **Salimzadeh A**, Yazdani V, Ghadimi H, Habibi GR. *Outcome of upper gastrointestinal hemorrhage according to the BLEED risk classification: A two-year prospective survey*. Bahrain Medical Bulletin, 29(1): 1-9, 2007
 14. Alishiri GH, **Salimzadeh A**, Olia MB, Forghanizadeh J, Setarehshenas R, Shayanfar N. *Prevalence of amyloid deposition in long standing rheumatoid arthritis in Iranian patients by abdominal subcutaneous fat biopsy and assessment of clinical and laboratory characteristics*. Bio Med Central, 15:7-43, 2006
 15. **Salimzadeh A**, Moghaddasi M, Alishiri GH, Olia MB, Kohan L. *Vertebral morphometry reference data by X-ray absorptiometry (MXA) in Iranian women*. Clinical Rheumatology, 26(5):704-9, 2007 [Epub 2006 Aug 29]
 16. Alishiri GH, Bayat N, **Salimzadeh A**, Forghanizadeh J, Ramezaani N. *Atypical Spondyloepiphysial dysplasia in an adult male patient*. Iranian Journal of Radiology, 4(1) : 21-24, 2006
 17. Forogh B, Ghasemzadeh A, **Salimzadeh A**. *Comparison of bone mineral density measured by dual x-ray, axial dual-energy photon x-ray absorptiometry and laser absorptiometry of calcaneus*. Iranian Journal of Medical Sciences, 30(1): 34-37, 2005
 18. **Salimzadeh A**, Forogh B, Olia B, Sharghi S, Alishiri GH, Ghasemzadeh A. *The cut-off point of dual energy x- ray and laser (DXL) of calcareous osteoporosis diagnosis in postmenopausal women*. Iranian Journal of Radiation Research. 3 (2): 69-72, 2005
 19. Akhbarian M, Davatchi F, **Salimzadeh A**, Shahram F, Gharibdoost A, Nadji A, Pajoohi M, Jamshidi A. *Bone mass density in the normal population of Iran*. APLAR Journal of Rheumatology, 8(3):177-183, 2005
- ✓ Farsi**
20. Moghadasi Jahromi M, **Salimzadeh A**, Yousef shahi H. *Shariati & Sina Hospitals nurses' knowledge and performance about osteoporosis* Journal of Medical Council of Islamic Republic of Iran, 28(3):257-262, 2010
 21. Ali Shiri Gh.H.,Amini M, Bayat N, **Salimzadeh A**, Ahmadzad M.,Ghorbani Gh.A. *Prevalence of heliobacter pylori antibody in healthy people and patients with rheumatoid arthritis*. Kowsar Medical Journal. 15(1):31-35, 2010

22. Owlia M, Hekmati-moghadam BSH, Dehghani Z, Fallah F, **Salimzadeh A**. *Antiphospholipid antibodies and cerebrovascular accidents in patients*, Tehran University of Medical Sciences Journal, 11(65): 66-70, 2008
23. Alishiri GH, Ahmadiani A, Bayat N, Kamalinejhad M, **Salimzadeh A**, Saremi S, Miri M, Noudeh AA. *Efficacy of *Elaeagnus Angustifolia* extract in treatment of osteoarthritis of knee: A randomized double-blind placebo-controlled trial*, Kowsar Medical Journal, 1(12): 49-57, 2007
24. Alishiri GH, Amini M, Ahmadzad Asl M, Ghorbani GH, Jafari AM, **Salimzadeh A**. *Assessment of the prevalence of anti *H-Pylori* antibody in patients with osteoarthritis and healthy persons referred to Baqiyatollah Hospital*, Journal of Iran University of Medical Sciences, 15 (58) :137-143, 2008
25. Akbarian M, Davachi F, **Salimzadeh A**, Shahram F. *Evaluating bone mass in a selected group of the Iranian healthy population, Shariati Hospital*. School of Medicine Journal; 60 (4): 131-139, 2002

● **Presentations in National & International Meetings**

1. **2010:** *Interaction between rs2476601 SNP of PTPN22 gene and rs10818488 of TRAF1 gene in causing risk for rheumatoid arthritis*. The American society of human genetics 60th Annual Meeting. Washington DC, USA
2. **2010:** *Development of the vision statement for Tehran University of medical sciences MD program: A road map for reform*. An international association for medical education. Glasgow, Scotland
3. **2010:** *Comprehensive evaluation of MD program in Tehran University of Medical Sciences: A lever for change*. An international association for medical education. Glasgow, Scotland
4. **2010:** *Antimalarial ocular toxicity in rheumatoid arthritis (RA), systemic lupus erythematosus (SLE), Sjögren syndrome (SS): is related to disease type?* 14th APLAR congress, Taiwan
5. **2008:** *Topical Penicilline can rapidly heal refractory oral and genital aphthi in Behcet disease (experience with six consecutive cases)*. 14th APLAR congress, Taiwan
6. **2008:** *Comparing bone mineral densitometry in mustard sulfur exposures and asthmatic patients*. 13th APLAR Congress, Japan
7. **2008:** *Left-right hip bone mineral density, concordance or dis-concordance?* 13th APLAR Congress, Japan
8. **2008:** *Cyclophosphamide could be as safe as Methotrexate in weekly oral regimen in rheumatoid arthritis*. 13th APLAR Congress, Japan

9. **2008:** *Is the increase in vertebral bone mineral density (BMD) in treated postmenopausal women the result of patient becoming shorter?* 13th APLAR Congress, Japan
10. **2008:** *How nurses' knowledge of osteoporosis affects their performance?* 13th APLAR Congress, Japan
11. **2008:** *Pattern of radiographic changes in hands of RA patients in Yazd, central Iran.* 13th APLAR Congress, Japan
12. **2008:** *Health perception predictors in different rheumatic disorders.* 13th APLAR Congress, Japan
13. **2008:** *Disability in rheumatoid arthritis and correlated factors.* Annals European Congress of Rheumatology, Paris, France.
14. **2008:** *Efficacy and safety of oral high dose ginger extract on the symptoms and physical examination finding of knee osteoarthritis.* Annals European Congress of Rheumatology. Paris, France.
15. **2005:** *Detecting vertebral fractures by morphometric assay.* 14th International rheumatology symposium. Yokohama, Japan
16. **2007:** *Effects of long-term oral ginger extract administration on knee examination findings* Annals European Congress of Rheumatology. Barcelona, Spain.
17. **2007:** *Quality of sleep in rheumatoid arthritis, osteoarthritis, systemic lupus erythematosus and ankylosing spondylitis,* Annals European Congress of Rheumatology. Barcelona, Spain.
18. **2007:** *The severity of osteoarthritis is more related to the age, BMI and patients assessment than the radiological findings.* Annals European Congress of Rheumatology. Barcelona, Spain.
19. **2007:** *Mental health and sexual function: differences among the genders.* Annals European Congress of Rheumatology. Barcelona, Spain.
20. **2007:** *Anxiety masks, the effect of pain and disease activity on sexual function,* Annals European Congress of Rheumatology. Barcelona, Spain.
21. **2006:** *Reference data of vertebral dimension by morphometric X-ray absorptiometry in normal Iranian women,* Annals European Congress of Rheumatology. Amsterdam, The Netherland.
22. **2006:** *Comparison of two methods of AFPA and AFPB for the diagnosis of amyloid deposition in longstanding RA,* The Annals European Congress of Rheumatology, Amsterdam, The Netherland.
23. **2006:** *A Placebo Controlled Clinical Trial of ELAEAGNUS ANGUSTIFOLIA L. in patients with knee OA,* The Annals European Congress of Rheumatology, Amsterdam, The Netherland.
24. **2006:** *Long term ginger extract intake and its effect on knee osteoarthritis pain and physical examination finding,* The 12th APLAR Congress, Malaysia
25. **2006:** *Weill-Marchesani Syndrome (WMS) presenting a rheumatologic condition,* The 12th APLAR Congress, Malaysia

26. **2006:** *Nocturnal Versus morning oral Prednisolone in long-term management of rheumatoid arthritis*, The 12th APLAR Congress, Malaysia
27. **2006:** *The comparative analysis of secondary amyloid detection by Congo Red and Immunohistochemistry (IHC) methods*, The 12th APLAR Congress, Malaysia
28. **2005:** *Clinical Presentation and Surgical Treatment of Burger Disease in Tehran – Iran*, The 41st Congress of Surgery, South Korea
29. **2005:** *Determination of precision error for low bone mass in DXA by phantom Study*, The International Osteoporosis Conference, China
30. **2004:** *A case report on a family pyrophosphate calcium disease*, The 15th Annual Congress and Reeducation of the Society of the Iranian Internal Diseases Specialists, Tehran – Iran
31. **2004:** *Representation of a case of muscle infarction*, The 15th Annual Congress and Reeducation of the Ssociety of the Iranian Internal Diseases Specialists, Tehran – Iran
32. **2004:** *The comparison of dual x-ray Absorptiometry and laser*, The 11th APLAR Congress, South Korea
33. **2004:** *A rare presentation of hydatid Cyst*, The 11th APLAR Congress, South Korea
34. **1997:** *The 5-year evaluation of periodic paralysis in 67 hospitalized patients*, The 10th Annual Congress and Reeducation of the Society of the Iranian Internal Diseases Specialists, Tehran – Iran
35. **1994:** *Chroquine toxicity in Iranian rheumatoid arthritis patients*, The 7th Annual Congress and Reeducation of the Society of the Iranian Internal Diseases Specialists, Tehran – Iran

• **Books**

1. Shahram F, Dor Mohammadi T, **Salimzadeh A.** *Pregnancy & Rheumatic Diseases*. Tehran University of Medical Sciences Publications. 2013
2. Gharibdoost F. Faezi ST. **Salimzadeh A.** *Scleroderma*. Tehran University of Medical Sciences Publications. 2012
3. Owlia MB. **Salimzadeh A.** *Vasculitis*. Translation to Farsi. 2012
4. Owlia MB, **Salimzadeh A.** *Pearl & Myth in Rheumatology*. Translation to Farsi. 2011
5. Nadji H, Akhlagh M, **Salimzadeh A,** *Arthrosis*. 2011
6. Akbarian M, Rostamian AR. **Salimzadeh A,** *Systemic Lupus Erythematosus & pregnancy*. Tehran University of Medical Sciences Publications, 2010
7. Akbarian M. Movaseghi Sh, **Salimzadeh A.,** *Osteoporosis in Pediatrics*. Tehran University of Medical Sciences Publications, 2009

8. Shahram F, **Salimzadeh A**. *New Challenges in Rheumatology*. Tehran University of Medical Sciences Publications, 2008
9. Davachi F, Akbarian M, **Salimzadeh A**, Movaseghi. *The Role of Infectious Agent in Rheumatology Tissue, Acute Rheumatic Fever*. Tehran University of Medical Sciences Publications, 2007
10. Davachi F, Akbarian M, **Salimzadeh A**, Movaseghi. *Diseases of the Connective Tissue, Lab in Myositis*. Tehran University of Medical Sciences Publications, 2006
11. Davachi F, Akbarian M, **Salimzadeh A**, Movaseghi. *Rheumaoid Disease, Surgical Intervention and RA*. Tehran University of Medical Sciences Publications, 2005
12. Davachi F, Akbarian M, **Salimzadeh A**, Movaseghi. *Metabolic Diseases of Bones & Joints, Diagnosis of Crystalopathies*. Tehran University of Medical Sciences Publications, 2004
13. Davachi F, Akbarian M, **Salimzadeh A**, Movaseghi. *Vasculitis, Diagnosis of Vasculitis*. Tehran University of Medical Sciences Publications, 2003
14. Davachi F, Akbarian M, **Salimzadeh A**, Movaseghi. *Osteoporosis, Bone Biomechanics*. Tehran University of Medical Sciences Publications, 2002
15. Davachi F, Akbarian M, **Salimzadeh A**, Shams SH, Rafiee. *Systemic Lupus Erythematosus, Overlap Syndromes*. Tehran University of Medical Sciences Publications, 2001

Grants:

Completed Grants

N/A

Pending Grants

N/A

Awards:

- Educational Award, 6th Shahid Motahhari Festival, 2014
- Educational Award, 4th Shahid Motahhari Festival, 2012
- Educational Awards (Two), 3rd Shahid Motahhari Festival, 2010
- Roche Award, 2010

- APLAR Award, Japan, 2008
- International Congress of Osteoporosis, China, 2005

Competencies:

- **Language**

- Basic Arabic
- Moderate English

- **Computer**

- At ease with computer